

The **Kingston Bagpuize** with **Southmoor Village** News

DELIVERED MONTHLY TO EVERY HOUSE IN THE VILLAGE

Serving the community collaboratively with the village website: www.kbsonline.org.uk

Volume 51 Number 7 August 2024

Take a seat on the new benches installed at Latton Close and top of Draycott Road!



The funding for these benches came from S106 legal agreements signed by the developers of the new houses that have been built in the village in the last few years. The Parish Council consulted with the District Council's officer responsible for art installations when selecting these and other art installations.

The two Benches are bespoke creations by Greenspace Designs commissioned by the Parish Council with the S106 funds designated for public art. The Council thought residents would appreciate something useful as well as beautiful!

Spot the local landmarks and history woven into the design when walking by or as you sit to rest your weary feet.





National Wellness Month. All during August, National Wellness Month focuses on self-care, managing stress and promoting healthy routines. Create wholesome habits in your lifestyle all month long and see how much better you feel!

Taking small steps to improve your personal wellness will lead to healthy habits in your lifestyle. In fact, wellness changes don't have to be life changing, even though the long-term results will be.

There are numerous ways to make those small changes:

- · Increase your water intake;
- · Add more fruit and veggies to your meals;
- Monitor your sleep;
- · Join a yoga, walking, or aerobics class;
- \cdot Learn to meditate.

INSIDE THIS MONTH

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8th of August marks International Cat Day. It is a day to raise awareness for cats and learn about ways to help and protect them. Hidden somewhere inside the News are two drawings of a cats. Can you find them?



- · August 24, AD 79 Mount Vesuvius Destroys Pompeii
- · August 3, 1493 Christopher Columbus Set Sail
- · August 4, 1693 Champagne Is Invented
- · August 18, 1920 American Women Gain Voting Rights
- August 1933 The Loch Ness Monster Story
- · August 6, 1945 Scientists developed and tested the first atomic bomb

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Please send all non advertising contributions to: **editorkbsnews@gmail.com** or leave items with KBS News Secretary - Claire Wheeler, 7 Acacia Gardens, Southmoor, OX13 5DE (email: wheelerc36@gmail.com).

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USEFUL CONTACTS

NEED MEDICAL HELP BUT NOT AN EMERGENCY/ WANT TO SPEAK TO A DOCTOR CALL 111 (24hours) ALWAYS RING 999 IN AN EMERGENCY

GP SURGERY	District Nurse or Health Visitor 01367 240087	A & E HOSPITALS	MINOR INJURY HOSPITALS		
The White Horse Medical Practice Faringdon SN7 7YU 01367 242388		Great Western Hospital Swindon 01793 604020 John Radcliffe Hospital Oxford 01865 741166	Abingdon Hospital Marcham Rd, Abingdon OX14 1AG 01865 904346	Witney Hospital Welch Way, Witney, OX28 6JJ 01865 903841	
Chemists	District Council	VETS		POLICE	
Faringdon Pharmacy 01367 244632	Vale of White Horse 01235 422422	Elms Veterinary 30 Gloucester St	Abivale Veterinary The Vineyard,	Non Emergency Call 101	
Wootton Pharmacy 01865 736136	Emergency Helpline 01235 422420	Faringdon, SN7 7HY 01367 242416	Abingdon, OX14 3NR 01235 524777	Crimestoppers 24hr 0800 783 0137	
24hr Gas Emergency 0800 111 999 24hr Electricity Emergencies Call 105			24hr Thames Water Emergency 00800 316 9800		
Citizens Advice www.citizensadvice.org.uk, 0300 330 9042		Mind www.mind.org.uk, 0800 169665			
Samaritans - www.samaritans.org, 1116 123			Childline www.childline.org.uk, 0800 1111		

The Cedar Community Club - where older people meet with friends old and new 01865 686472

Community Issues - contact District Councillor Jill Rayner at jillrayner@whitehorsedc.gov.uk

Village Diary
Village Hall Booking Details - email: southmoorvillagehall@yahoo.co.uk

Day/ Date		Time What & Where (KBSVH = Kingston Bagpuize & Southmoor Village H		Page		
AUGUST						
St	St John the Baptist Parish Church, Kingston Bagpuize Services. – See full details on the Church Pages					
Sunday	18 th	10.30am	Village Litter Pick for August. Meet at Cross Roads Corner, Draycott Road	6		
Monday	19 th	4.00pm	Last Date / Time for copy to KBS News for the September edition	2		
Monday	19 th	9.30am	Kingston Bagpuize Village Art and Craft Club. St. John the Baptist Church Hall, KB	22		
Thursday	29 th	10.00am	Walk Talk Walk – (run by White Horse Medical Practice volunteers) meet at KBSVH	6		
Saturday	31 st	2.00pm -	- 4.00pm Southmoor & Kingston Bagpuize Gardening Club Village Show KBSVH 1	3 / 28		
SEPTEMBER						
Monday	2'	nd 6.30p	m Parish Council Monthly Meeting – Swallow Room, KBSVH	10		
Tuesday	3'	^d 7.15p	Southmoor & Kingston Bagpuize Gardening Club, Rachel Siegfried 'The Cutting Garden' KBSVH	13		
Monday	9 ^t	^h 12.30	pm Village Lunch Kingston Bagpuize & Southmoor Village Hall	24		
Tuesday	10	^{0th} 7.30p	m Apple Blossoms WI. Medical Detection Dogs. KBSVH	22		
Thursday	19	9 th 7.15p	m Longworth & District History Society Antonia Keaney KBSVH	12		
Thursday	20	6 th 1.30p	m Oxford Flower Club 'An Artist's Palette' by Alison Mount at Cumnor Village Hall	8		
OCTOBER						
Sunday	1:	3 th	Southmoor & Kingston Bagpuize Gardening Club. Group visit RHS Wisley	13		

		REGULAR EVENTS - Please check	with the event organiser to confirm		
In Kingston B	agpı	uize with Southmoor Village Hall	In Scout Hut, Faringdon Rd (Term Time Only)		
Apple Blossoms	W١	2nd Tuesday each month 7.30pm	1st Longworth Beavers	Monday 6.00pm - 7.15pm	
Apple Quilters		& 4th Monday Each Month	1st Longworth Cubs	Tuesday 7.00pm - 8.30pm	
	••••••	m – 2pm New Members always welcome	1st Longworth Explorers		
Clubbercise	Mor	nday 8.00pm – 9.00pm	1st Longworth Scouts	Thursday 7.30pm - 9.00pm	
French for Fun	Wed	Inesday (Term Time only) 9.30 – 11am	At The Bowls Club, Oxford Road, Kingston Bagpuize		
KBS	Improvers & Above Saturdays 9 – 10.30am		Bowls Clubs Roll Up	Tuesday & Thursday 1.30pm	
Badminton Club		overs & Returners Wednesday 6.30 - 8pm			
Dadiiiiiloii Club	Inter	mediates & Above Monday 6.15 – 7.30pm	Junior Park Run	Sunday 9.00am	
KB Drama	3 rd Tuesday at 7.30pm & when it occurs		At Jubilee Sports Field, Edward Strauss Park		
Group	5 th T	Tuesday 7.30pm	Kingston Bagpuize Cricket Club Junior Training Friday 6 – 8pm		
Group	(see	e Church Hall for other days)	In St John the Baptist Church Hall		
KBS Cafe Thursdays 9.00am - 12 noon			1st, 2nd and 4th Tuesdays in the		
KBS Gardening Club		1st Tuesday monthly 7.15pm for 7.30pm	KB Drama Group	month at 7:30pm (see Village Hall for	
KBS Pilates			1	other days)	
KB & S Tennis	Tues	sday 9 - 11am Men's Open	KBS Art and Craft	Alternate Mondays	
Club	Wed	nesday 6.30-8.30pm Ladies Open	Friendship Club	9.30am - 12.00 noon	
		3 rd Thursday every month at 7.00pm	Village Voices	Men - Alternate Mondays 9.30am	
History Soci	ety		Village Voices	Ladies – Alternate Tuesdays 9.30am	
Southmoor Baby		Friday (Term Time Only) 10.00 -11.30am		e Hall info at longworthvillage.org.uk	
& Toddlers			IYENGAR Yoga class	Monday 7.00pm – 8.30pm	
Southmoor Exercise		Info email: nbiserk46@hotmain.com	(Term Time Only)	Tuesday 11.45am – 1.15pm	
& Dance				Wednesday#	
Table Tennis		Tuesday 11am – 12 noon	KARATE	Little Ninjas (4-6yrs) at 5pm - 5.30pm	
(Over 55's)		Info email: bobsouthmoor@hotmail.com		Family Class at 5.30pm - 6.30pm	
Yoga Classes		Tuesday 6.00pm - 7.00pm (intermediate)	PILATES	Tuesday 9.15am & 5.45pm	
		Wednesday 10.30am - 11.15am (seniors)	ZUMDA	Thursday 9.15am & 6.30pm	
		Thursday 6.00pm - 7.00pm (beginners)	ZUMBA	Thursday 10.30am	
			In Hinton Waldrist Village Hall		
			Cedar Community Club	Tuesday & Wednesday 9:30 - 3:00pm	



The KBS News is delivered to every house in the village. Extra copies are available from the One Stop shop, Hinds Head and Southmoor Co-ops.

AUGUST BIN COLLECTION (late changes will be updated by Email to readers who have joined the KBS News Information email service) Wed Food Collection / Grey Bin Collection 7th & Small Electrical Items Wed Food Bin / Green Bin Collection/Brown Bin + Textiles & Batteries in a separate bag 14th on top of the Bin Wed Food Collection / Grey Bin Collection **21st** & Small Electrical Items Food Bin / Green Bin Collection/Brown Bin **Thurs** + Textiles & Batteries in a separate bag 29th on top of the Bin



RECYCLE YOUR KBS NEWS

We would like to assure all our readers that the paper used to print the KBS News is 100% recyclable.

We know that some residents keep copies for months, and even years, but for those that don't the green bin is the place when you've read it and finished using it as your reference document for the month.



Kingston Bagpuize with Southmoor Church

stjb.churchinsight.com

SERVICES IN AUGUST AT ST. JOHN THE BAPTIST

Sunday 4th 9.00am - Holy Communion 10.30am - Morning Worship

Children's Church in Church Room

Sunday 11th 9.00am - Holy Communion

10.30am - Morning Worship with live band

Sunday 18th 9.00am - Holy Communion

10.30am - Village Communion

Sunday 25th 9.00am - Holy Communion

10.30am - Morning Worship

August Highlights

Sunday 4th - Children and Parents activities 10.30am in the Church Room **NB** No Prayer and Praise in August

Wednesday 14th, 7.30pm - Licensing of our new vicar Rev Catherine Schneider **Sunday 18th** - Catherine's first Sunday with us at our 9.00am and 10.30am services



Baptist

Coffee and biscuits after all our services – a good time to chat and make new friends.

YOUR VILLAGE CHURCH IS HERE TO HELP

Services are continuing as usual with help from visiting vicars until Catherine, our New Vicar, fully takes up her position in early September.

Please contact the churchwardens re baptisms, weddings, and funerals.

If you'd like to find out more about our services and resources, or discuss spiritual matters, contact the churchwardens: Chris Carpenter cw3.sjbchurch@gmail.com 07860 583740 and Ian Blelloch ianblelloch@chaco.com to see if we can support you.

FYFIELD BAPTIST CHAPEL

Morning Service & Sunday School Sunday 11.00 am

Communion monthly 2nd Sundays location: (south side of main village)
Digging Lane, Fyfield OX13 5LY
more information:

www.fyfieldchapel.org.uk info@fyfieldchapel.org.uk 01865 769473

ROMAN CATHOLIC CHURCH PARISH OF BLESSED HUGH FARINGDON & BUCKLAND

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Church fully open for Sunday Mass at 10.00 am



Don't forget our 'Out & About with the KBS News' feature.

Send your photos from all corners of the World or an interesting location anywhere holding a copy of the KBS News. Pics to editorkbsnews@gmail.com

VILLAGE VOICES

Send your views to editorkbsnews@gmail.com

August Litter Pick for Kingston Bagpuize & Southmoor





18th August (Sunday) at 10:30am • meet at the corner of Draycott Road

Everyone is welcome to come and join the August Litter Pick on Sunday 18th August. As with the successful litter picks earlier in this year, bags and litter picking instruments will be provided. Good idea to bring some gardening type gloves with you. Children and dogs, please bring a responsible adult along with you.

Meeting point – corner of Draycott Road

Time – 10.30 a.m. to 12.30 p.m.

Look forward to seeing you there! Climate & Environment Group



Cedar Club

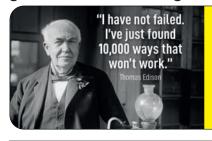
The story this month is that we need people to help!

We meet every Tuesday and Wednesday. Approximately 10 people turn up to utilise the

facilities. They are in the club in Hinton Waldrist from about 9.30 in the morning until about 3 o'clock in the afternoon. There are two members of staff to organise the various events and that number is usually augmented by two or three extra willing hands. In addition there is the admin and overall organisation necessary to keep the whole project running smoothly. These backroom people are the trustees, responsible for admin and statutory compliance — bumpf.

The club is a safe place for people to go when the alternative might be loneliness and lack of stimulation. Putting in time and effort brings the satisfaction of creating simple happiness and companionship which otherwise might not exist for those people. For every individual helped, there are often a number of linked family members who are given a welcome break from their day to day caring obligations. Accordingly, arguably about forty or fifty people will benefit from every session twice a week. This is a not-inconsiderable contribution to the local area.

If you see yourself as a bit of a creative front of house performer, or you prefer to be a background person working away to facilitate the show-offs (!) please get in touch. You will make a lot of people very happy, including me. Contact us on Tel: 01865 686472, Email: thecedarcommunityclub@gmail.com. Charleen Page





Age UK Oxfordshire



KBS News understands that amongst older people there is a significant 'digital divide'.

40% of those 75 and over and 12% of those 65-74 are not online, meaning that there are many local older people who are not reached through online channels such as emails and social media. If you are in the above group, or are aware of a friend or neighbour who might like to know more please read below.

Age UK Oxfordshire is a local independent charity supporting older people in Oxfordshire. We have a variety of services available to help you to live independently and live life to the full. Our services range from support at home to helping link you into your community, from foot care clinics to exercise classes. We offer a free information and advice helpline, as well as one-to-one support if you have been a victim of a scam. To find out more about how we can support you, please visit www.ageuk.org.uk/oxfordshire, call 0345 450 1276 or email contactus@ageukoxfordshire. org.uk.



Walk Talk Walk -Southmoor

(run by White Horse Medical Practice volunteers)

29th August (Thursday), 10am • Southmoor Village Hall

Friendly, accessible community walk.
Just turn up, no need to book.

Meet at Southmoor Village Hall, Draycott Rd,
Southmoor, OX13 5BY

Last Thursday of the month at 10.00am
Finishing with tea/coffee in the KBS Café
Enquiries to Catherine:
07917 804 537



KBS Café



Every Thursday 9am to 12pm • Southmoor Village Hall

This is a very friendly Café whether you live in the Village or not. We welcome everybody whatever their age. It is a great place, if you are new to the Village, to get to know other people, and learn about what goes on in the Village.

We serve tea, coffee and hot chocolate, orange and blackcurrant squash, homemade cheese scones and homemade cakes. We have a few gluten free options as well.

- A mug of tea or coffee is £1.00
- · A piece of cake or a cheese scone is £1.00
- · A glass of squash is 10p

If anyone would like to make a cake occasionally, please contact Caroline on 820936 or Ruth on 821386. We look forward to seeing you!

Caroline Ashby





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Out & About in Dorset



26 June 2024, the hottest day of the year, what better place to read the KBS News than in the sea at West Bay, Dorset. Stephen Haywood



Send your photos from all corners of the World or an interesting location to editorkbsnews@gmail.com



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Oxford Flower Club



No meeting in August



June has been a busy month for Oxford Flower Club. Several members put on a display at the Blenheim Flower Show. Visitors were interested in watching displays put together and many wanted to purchase them as well. Our intention was to increase awareness of our club. Lots of visitors took our leaflets giving information on our club and when we meet. We certainly look forward to welcoming them to future meetings.

On the 27th we enjoyed a day trip to Batsford Arboretum with an onward journey to Bourton House. Batsford looked absolutely delightful in the glorious sunshine. 60 acres of beautiful and rare trees, shrubs and bamboo. A delicious lunch was enjoyed in The Garden Terrace Cafe, and members grasped the opportunity to

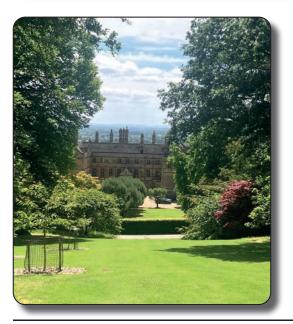
purchase plants and goodies in the garden centre.

After lunch we continued our journey to Bourton House. Head Gardener Jacky gave us a warm welcome, followed by a short talk on the history of the house and how the gardens have evolved. As we walked around the gardens, cameras were clicking to capture plants members would like in their own gardens. The inspirational planting, beautiful colour combinations, imaginative topiary and creative water features can only be described as stunning. We finished our day with a cream tea in the barn. Many members talked about returning later in the year to see a different season's planting.

No meeting in August and 'An Artist's Palette' by Alison Mount in September. *Call Karen on 07967 555750 for more details of our events programme.*









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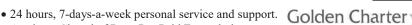
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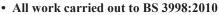
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News from The Parish Council



Next Meeting: 2nd September (Monday) at 6:30pm • Swallow Room, Southmoor Village Hall

Parish Council Website: kbsParishCouncil.org.uk/ Parish Clerk email: Clerk@kbsParishCouncil.org.uk

The Parish Council met in the Village Hall on 3rd June and the full minutes are available on the Parish Council boards and online at *kbsparishcouncil.org.uk/document-category/minutes*.

Present: Cllr Robert Barnett, Cllr Natalie Clements, Cllr Brian Forster, Cllr Virginia Grant (Chairman), Cllr Kim Kousari, Cllr Steve Smith, Cllr Dianna Swale. District Cllr Jill Rayner and County Cllr Juliette Ash **Apologies** from Cllr Behnoosh Sabah and Cllr Oyebola Bello.

Report from District Councillor Jill Rayner: Consultation on SEND (support for children with special educational needs) feedback via Lets Talk Oxfordshire Website deadline 12 July 2024.

Report from County Cllr Juliette Ash: confirmed support for 20mph speed limit for Hanney Road, Draycott Road and Blandy Estate. Cllr Ash asked to raise the matter with OCC in view of the risk to pedestrians using the uncontrolled crossing close to the Petypher House bus stop. Cllr Ash was also asked to enquire from Highways why agreed proposals for a survey at Springhill because of excessive speeds has been removed from the 2024/25 budget as well as the proposed uncontrolled crossing at the eastern end of the Faringdon Road. Signage for Faringdon, Draycott and Hanney Roads crossroads has still not been installed.

<u>Public Participation</u>: Matter raised about overgrown pavement on Faringdon Road opposite the Waggon & Horses reported on Fix My Street by a resident. Concern by residents about the s106 art carved boulders in Wellington Way POS and whether they constitute a safety risk with regard to children playing and cars entering development. ROSPA to be asked to assess. Concern about children/teenagers creating a nuisance – police liaison to be contacted.

<u>Clerk's Report:</u> 1) 20mph update from OCC. 2) Cllrs asked to consider proposals for funding in the 2025/26 budget.

<u>Planning Applications:</u> P24/V1226/HH. 2 Craven Villas – single storey outbuilding. The Council voted to accept the application. Full details of all planning applications and decisions taken by the Parish Council and VWHDC Planning are listed on the website.

<u>Recreation and Play Facilities:</u> 1) Following the recent inspection, S Aplin Playgrounds is quoting for repairs. 2) The tender document for the new play equipment will be considered for approval at the council meeting on July 29th.

<u>Neighbourhood Development Plan:</u> The next meeting will be held on Tuesday 23rd July at 6.30pm in the Swallow Room.

<u>D-Day raffle raised £714.</u> Council agreed for this to be equally split between RBL, South Central Ambulance Service Charity (SCAS) and The Ambulance Service Charity (TASC)

Next meeting of the full Council - 6.30pm Monday 2nd September, Swallow Room, KBS Village Hall.

Willowfields Energy Park – Solar Farm for EXAGEN

Exagen is creating next-generation renewable energy projects. The proposal is for a solar farm on land between the River Ock and A415 covering land between Kingston Bagpuize with Southmoor, Garford and Frilford. Visit www.exagen.co.uk for details about the company, this proposal and Exagen's commitment to provide a community benefit fund tied to the project for its lifetime. Following in-person drop-in sessions in Garford and Kingston Bagpuize with Southmoor village halls on July 18th and 25th, it's expected the formal planning application will be submitted to VWHDC planning.

Visit www.bit.ly/WillowfieldsSurvey to give your feedback on Exagen's plans.





The Lighter Shade of Pale

Sue Lacey Bryant



To the mirth of my family, I've only just discovered that the name 'Oxford' derives from a Saxon term, 'Oxanforda' - meaning a ford, a shallow crossing used to take oxen across a river. You can't miss this when you look at the coat of arms of Oxford City Council. It all harks back to oxen crossing the River Cherwell and the River Thames more than a 1,000 years ago, in the 900s.

This summer oxen, large and small, and brightly painted, are popping up all over the place - in libraries, hotels and elsewhere in our communities. It's all down to Sobell House Hospice charity and Wild in Art who have organised the OxTrail, a charity sculpture trail as a fundraising initiative. Sobell House is part funded by the NHS and partly by the charity.

There are 31 large painted oxen to find in the city, all designed by artists, many sponsored. Across the county there are another 100 little ones to see, all decorated by schools and community groups. Each one is unique and it always makes us happy when we spot one.

To take part in the trail you need to download the app or pick up a map. Find out more at https://oxtrail2024.co.uk.

Sobell House describes its mission as "to enrich the lives of our patients and those who love and care for them." How wonderful is that. This is a reminder that we have so much for which to thank our friends



and neighbours in KBS who get involved in fundraising, or give their time to keep our local charities going.





Nature Notes - Apocalypse Now?

If by any chance you've managed, between the showers, to take a peek outside the front door of late, you possibly may not have failed to notice the complete dearth of insects to be seen. Normally, most visible of these would be butterflies, but this year they seem to have been exceptionally thin on the ground, with whole weeks in June and early July going by without a trace.

Of course, the national press has typically been quick to jump on a story of gloom and doom, but perhaps, before we all descend into a state of panic, we should look a little deeper at the likely causes.

Yes, we already know that the UK is amongst the most nature-depleted countries, but what seems to be a sudden collapse in insect numbers is most likely to be down not to some malign environmental event, but to having just gone through one of the longest periods of wet weather for many years. Fortunately, insects by their very nature, by laying huge numbers of eggs, have the resilience to bounce back when conditions improve for them.

While thinking about what to write this month, I took a wander round the garden under initially gloomy overcast skies during which the sun eventually broke through. Within 10 minutes it was uplifting to see bumble bees, hover flies and three species of butterfly coming to nectar at the flowers of marjoram in my herb bed.



Insects, of course, are an important food resource for many of our summer migrant birds, so any (hopefully) temporary collapse like we've seen is likely to have a negative impact. The shortage of Swallows and Swifts filling our summer skies has clearly been going on for some years and is down to a wider malaise in the environment, so it is pleasing when I hear of some positive news. I was recently told that House Martins had been seen, nest building on Petypher House and one of the residential houses nearby. Clearly in the summer we are having, they should have no problem finding mud, so let's hope that their food resources pick up by the time their chicks

are hatched. I've also on a few occasions recently, heard the

wonderful sound of Swifts screaming over the village but am not aware of where they might be nesting. If you have them breeding in your roof or that of a house nearby, please share the good news with everyone. I can be contacted as usual at kbsnaturenotes@gmail.com

Peter Pool

Longworth & District History Society

August is holiday time so no meetings or visits this month. We have had two visits – one in June to the Map Room at the Bodleian in Oxford as a follow-up to the earlier talk we had by Nick Millea, Curator of the Map Room, and in July we had a visit to Radley College, led by Clare Sargent, the Archivist there.

We will be back in the Village Hall in September and our speaker for that month is Antonia Keaney. More details in the next KBS News. *Pam Woodward*



Find Extra KBS copies at the One Stop shop, Hinds Head and Southmoor Co-ops



Southmoor & Kingston Bagpuize Gardening Club

0

3rd September (Tuesday) at 7:15pm · Southmoor Village Hall · Rachel Siegfried will talk about 'The Cutting Garden'

Huge thanks to everyone who donated plants or lent us tables so that we could hold our annual Plant Sale at the Village Fete on Saturday 29th June. We had a brilliant day despite all the hard work and it was great to have so many villagers coming along to chat to us, ask for advice and see what we had on offer. We took an amazing total of £428 on the day. The following day we held a small pop-up plant sale at the stone bus shelter on Faringdon Road to offer a selection of the remaining plants to those who hadn't been able to make it to the Fete. This was run on an honesty basis and we're pleased to report that we received further donations of £27 bringing our grand total to £455, our best ever result. This is really important for the Club as it's our main fund-raiser of the year and the money contributes towards booking some good quality speakers for the following year so we can offer an interesting programme of events.

We also had an enjoyable, informal visit to Simon Dando's garden. Simon is one of our members and offered to show other members what can be grown in an average sized garden and ideas for how to create a hidden oasis. And, by the time you read this, we will have gathered in Sheila Richard's garden for our annual Summer Garden Party. We very much appreciate our members hosting these social events.

Our next big event is the Village Show on Saturday 31st August. Hopefully, you'll have decided which categories you want to enter by now and are busy taking photos, growing things, being creative

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or planning what you will cook nearer the time. Don't forget that you need to submit your entry forms by Thursday 29th August if you want to take part. Items must be dropped off at the hall from 9 - 10.30am on Saturday 31st ready to be judged. The hall then reopens at 2.00pm for tea and cakes, tombola, raffle etc. The grand prize-giving takes place from 3.45pm. There are cups to be won! The event is open to all villagers including children and is a great excuse for a bit of competitive fun, so please do take part. The more entries we have, the better the show will be!

We resume our meetings at Southmoor Village Hall on Tuesday 3rd September when Rachel Siegfried will talk about 'The Cutting Garden'. Rachel runs the renowned cut flower garden Green & Gorgeous

in Oxfordshire so knows what she's talking about! Free for members or £4 for visitors. Note that membership for the rest of the year is now reduced to an amazing £6 which will give you free entry to our September and October (Bats in the Garden) talks, our AGM with cheese & wine as well as free entry to RHS Wisley on our group visit on Sunday 13th October. (Coach cost £17 per person.)

Contact us on **skbgardeningclub.org.uk** or see our website **www.skbgardeningclub.org.uk**.

Sharon Cooper (Chair)







D-Day Prompted Memories



A bit late for the D-Day inclusion but my wartime recollections pre D-Day may be of interest.

My father joined the RAF in 1939, so with my mother I went to live in Barnard Castle. On 15th August 1940 the Luftwaffe sent a heavy raid from Norway to attack the North East coast. One of their Messerschmitt 110 aircraft crashed nearby. I and most of the town went to see the aircraft whose airmen were lodged in the town nick for a day or so. Later, machine

gun ammo was a prized possession. I returned to my Sunderland home just in time for many air raids, one of which was a close shave. A couple of houses, about 150 yards away were demolished with one death, we suffered windows out and ceilings down.

One result was that after a night raid we were allowed to start school an hour later. Our headmaster was the uncle of Gp Capt. Leonard Cheshire VC, a real life hero to us, and he attended our sports days. The town had very heavy raids with a great loss of life and property. However the shipyard targets were mostly missed, and raids more or less ceased after 1944. *Derek Lambert*



KBS Badminton Club



Every Saturday, Wednesday and Monday

· Southmoor Village Hall

We'll be playing at Southmoor Village Hall every Saturday, Wednesday and Monday during August including Bank Holiday Monday.

The Saturday morning sessions run from 9am – 10.30am and are a great way to wake yourself up for the day and leave you feeling good for the rest of the weekend. These sessions are suitable for any competent player.

On Monday evenings we play from 6.15pm – 7.30pm. What better way to erase the stresses of the working day than by running around and whacking a shuttlecock? The Monday sessions tend to be slightly more competitive, but it's a small group so, ultimately, it depends on who is there each week.

Jenny's **Wednesday evening sessions** run from 6.30pm – 8pm. These are slightly slower paced and more suitable for improvers and returners. No matter how competitive, all of our sessions are friendly, fun and informal.

We have space for a couple more players in all

sessions so, if you're interested, please get in touch and we can arrange for you to come along and see what you think. The first couple of visits are free so there's nothing to lose. After that, we ask you to pay a share of the monthly court hire costs.

Please contact either me sharon@cherrytree21. plus.com (01865 820399) or Jenny jenny.frame@live.co.uk first before coming along.

Sharon Cooper

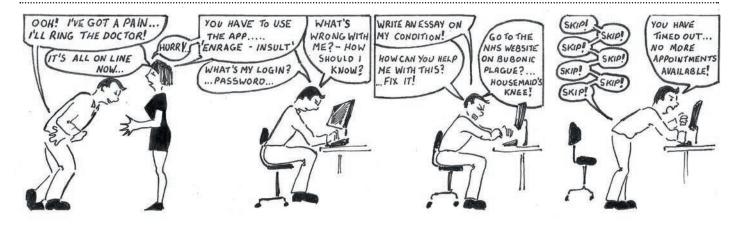


KBS Film and Music Night

No film in August

Thank you to everyone who has been coming to the Film and Music Evenings once a month in the Church Room. We have some new faces booked in for July who we hope will enjoy the social atmosphere too.

There will be NO Film and Music evening in August, but we will return again on Friday 20th September, so look in the KBS News for more information nearer the time and hope to see you then. Peter Beer 01865 820805 or Margo Evans 01865 820900 or margoevans@mac.com





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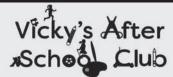


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Recipe of the month

Tuna Pasta Salad

Courtesy of Jenny Charlton – 'An excellent year-round recipe. Quick, easy and tasty. Our Grandchildren really love it as it is vegetarian and the ingredients can easily be added to or taken away as you fancy'.

Ingredients (Serves 6)

- · 250 grams Fusilli pasta
- · 2 x 145 gram tins of Tuna
- Couple of handfuls of frozen mixed vegetables
- \cdot ½ Cucumber sliced or diced
- 10 Cherry Tomatoes (more or less) whole or halved
- · 3 hard boiled eggs
- 3 or 4 tablespoons of Mayonnaise
- Aromat seasoning
- · Black olives
- · Salad leaves
- · Paprika



Preparation

- Step 1: Cook the pasta then cool and rinse with cold water.
- Step 2: Cook and cool the mixed vegetables.
- Step 3: Drain the liquid from the Tuna.
- **Step 4:** Mix all the ingredients (with the exception of the eggs, salad leaves and olives) together and place in the centre of the platter.
- Step 5: Slice the eggs and arrange around the plate along with the salad leaves and olives.
- Step 6: Sprinkle the eggs with sweet paprika. ENJOY!







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Restaurant Review



The Chequers Inn at Charney Bassett, OX12 0EX



The Chequers Inn is a six-minute drive from KBS. There is car parking at the back of this 19th century Inn, which also has rooms. The entrance is wheelchair friendly.

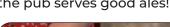
We arrived in time for our previously booked table, which you have to book by phone. We were welcomed by the friendly landlord, who showed us to our table and offered us menus and the opportunity to order drinks, including water for the table (in a gin bottle - confusing but great recycling!). There were three menus to choose from - regular pub menu, a steak menu and a specials menu.

The pub/ restaurant is rustic with an ample number of well-spaced tables. It has a community feel. There is music in the background and a homely type atmosphere with super-friendly, helpful staff. The service was well timed.

I chose Cod from the specials menu and my friends chose the nut roast. We had options for sauces and vegetables and types of potatoes. There was only one main course vegetarian option. You will see from the photographs that we had generous helpings of food and it was really tasty.

For dessert we had two ice creams and one sticky toffee pudding with ice cream. Again, they all went down well and left us thinking that we would return.

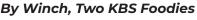
There were many flavours of ice cream including shortbread caramel! And a vegan option. Apparently the pub serves good ales!





Prices were fair. I paid £19 for the cod; nut roasts were £17 (in spite of saying £16 on the board) and those prices included all the vegetables and potatoes or chips. Very good value.

The restaurant has Steak and Vino nights and a regular Sunday Afternoon quiz session to complement your Sunday roast.







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Kingston Bagpuize Drama Group



28th to 30th November • 'Calendar Girls' • Southmoor Village Hall

Firstly, a very big thank you to everyone who came to our interactive murder mystery event in July, 'Dressed to Kill'! We were delighted to sell out in the evening and to also have a very wellsupported afternoon performance. It was great to see many villagers dressed up in their 1980s finery getting into the spirit of things and grilling the suspects on stage. Both the production and food were very well received, and it was a fitting way to celebrate the group's 75th anniversary year. We are very grateful to the group's family and friends who pitched in to help us with serving food, bar, front of house duties and the absolute mountain of washing up and cleaning that had to be got through during the day and again after the evening's performance. We couldn't have done it without them.

Thoughts now turn to November's production and, as promised in the last KBS news, all can now be revealed. We are delighted to announce that we will be performing 'Calendar Girls' based on the Miramax motion picture by Juliette Towhidi and Tim Firth. We are super-excited about this fabulous play, being the production that will bring to a close our very busy 75th anniversary year.

Dates for diaries: 28th to 30th November. Tickets will be going on sale very soon. Follow us on Facebook for more updates ahead of the next KBS News.



- Kingston Bagpuize Drama Group

Tip of the Month from Environment & Climate Group

From Ac (apple core) to kW (kilowatts)!!



With food bills ever increasing a good way to save your money and help the planet is to plan your meals to help to reduce any leftovers. Leftovers such as apple cores, old vegetable leaves and skins,

egg shells can all be composted at home if you have the space for a compost bin. It takes about 9-12 months to make finished compost at home but once made it is a valuable resource to add to your soil and give it body.

Leftover cooked food, meat and bones, dairy products should all head into your food caddy. Once collected this all goes off to sealed 'digestors' that are heated and mechanically stirred for 72 days before being pasteurised and stored for six months. The conversion to kW begins now as methane gas is released during this process. This gas powers a generator that feeds electricity into the National Grid. The 2 Oxfordshire food recycling plants generate enough electricity to power 8,000 homes. Put this a different way, there are 935 households in Kingston Bagpuize & Southmoor so that's enough power to keep us all going for 8 years!

The final bonus is that our combined food waste eventually heads off to local farmers who use it as soil improver ready to grow yet more food for us.

Aquarius Hair Studio – Prohair Award Finalists 2024



All of us at Aquarius Hair Studio are so proud to share that we have been shortlisted as finalists in the **Professional Home Salon of the Year category for the Prohair Awards**.

2024

As our regulars are surely aware, the salon has undergone a lot of changes ahead of our entry earlier this year; with new tiling, a redecorated bathroom, and a fresh lick of paint on the walls, we put our best foot forward. So it's not only a profound relief to get through, but a huge validation of all this effort.

As finalists, we will attend the Live Finals at Show-club London Reign on the 16th September, alongside fantastic competitors: Cardiff-based 'Beth Price Hair', Essex-based 'District Salon'

and Surrey-based 'Cally Borg Hair', as well as mingle with plenty of industry professionals across all other categories.

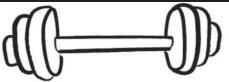
It's an understatement to say that we are beyond excited, and so incredibly thrilled to share this journey with our community, who have so loyally uplifted and supported us on our way. No matter whether we win beyond this point, we are simply so proud of ourselves and thankful to share this with all of you. Vanessa



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Kingston Bagpuize Drama Group

Review of 'Dressed to Kill', a Murder Mystery by Sarah Curran Southmoor Village Hall 13th July 2024



There are times when it is worth wearing a hat just to be able to raise it in respect of the efforts of folk who strive not only to pursue their passion, such as Amateur Dramatics, but also to entertain their fellow villagers.

'Dressed to Kill' is a Murder Mystery superbly written by our own Drama Group member Sarah Curran, and

I defy anyone to watch this production and tell me it hadn't been penned by a professional author. Directed by Mike Varnom, the action of 'Dressed to Kill' is set in Southmoor Village Hall in 1983 during a rehearsal by Kingston Bagpuize Drama Group for their forthcoming show. The set is fairly basic, as you would expect for a production that has only two performances, but nicely decorated with posters from actual KBDG Group productions of that decade.

The plot of the play depicts the Group's head honcho, as it were, Barbara, who is holding forth about their show in which players will entertain the audience to raise funds for their coffers. Barbara is doomed to be the victim in this short drama, and is played by Kate Belcher so convincingly and cruelly I was tempted to do the woman in myself. A young Martha Clifton played Lisa, who is so looking forward to being a star in the show, and is devastated when Barbara tells her she is out, being replaced by Barbara's daughter, who is a minor celebrity having had a few lines in a TV soap some years ago. There is only one way to describe Martha's performance, and that is brilliant. She obviously enjoyed her role and this was evident in her energetic interpretation of the disappointed performer losing her part at the last minute after all her work.

KBDG stalwart Mike Lacey as Young Peter the handyman 'getting too old for this', (I had you down as the killer, Mike, sorry about that), and Marigold played by Mary Elizabeth Shewry, busy with her cleaning

bucket and mop, were very believable. The murderer could have been any of the characters, which of course is the idea. Even Mark Padbury who was excellent as Gerald, a sort of Alan Carr on steroids, but he did have nice legs as he insisted on showing us. Lucinda Ramm as Shirley, Lisa's mother and Carly Howett as Ruth, plus young Abigail Morgan as Kaz were all commendable. My respect does go to Abigail, for one so young on stage facing an audience with such confidence. Ian Strange playing Larry, the Group elder shall we say, performed with such style and coolness I immediately thought 'Hello, he's done this before'.

So, a superb afternoon at the Village Hall being entertained by KBDG complete with a Cream Tea as well. This was the matinee show, the evening performance served up a Hog Roast.

Now, a moment of pure genius from author Sarah came with a short skit of Queen singing 'I want to break free' included in the storyline. This was so well done, with Mark Padbury as Freddie Mercury, supported by Ian Strange and Mike Lacey, I

thought we have a new tribute act in the making here. Well done, guys!

To sum up, 'Dressed to Kill' was a professional production including, don't forget, the author KBDG member Sarah Curran. OK, there were a few prompts but nothing to deter the sheer entertainment value of KBDG's latest creation. Lance Bassett















KBS NEWS is looking for passionate individuals to join us in shaping the future of KBS News!

Thank you to everyone who visited us at the Village Fete! We truly appreciated your feedback and ideas for the magazine. We're especially excited about the interest in joining KBS News! If you're still keen to be part of our team, please reach out! Stay tuned for more updates!:)

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Kingston Bagpuize Village Art and Craft Club



19th August (Monday) at 9:30am

· St. John the Baptist Church Hall

Pleasant mornings in July chatting to friends as we work on our own projects. Three of us had attended the fête and we had a pleasant day as people stopped to look at and buy some of our crafts. As usual, hedgehogs were very popular, as were earrings and greeting cards.

The club is intended as a meeting place for making new friends, with crafting skills not a necessity as there is a range of hobbies that other members are happy to share. If you are interested in arts and craft, or you would just like to meet people who are, why not come along to one of our meetings.



We now have a Facebook page 'KBS Village Art and Craft Club' for anyone wanting to see things members have made. The club meets on alternate Mondays throughout the year in the St. John the Baptist Church Hall, Kingston Bagpuize, starting at 9.30am and finishing at midday with the first meeting being free. Our next meeting is Monday 19th August 2024, as the 12th August has had to be cancelled, and we look forward to welcoming new members. Jean Allsworth 07397 530144



🚺 - KBS Village Art and Craft Club



Apple Blossoms WI



10th September (Tuesday), 7:30pm

- Southmoor Village Hall
- Medical Detection Dogs

Our next meeting is for members only as we will be having our 'Puddings and Fizz' evening.

We'll be back in the Village Hall and open to visitors on Tuesday 10th September at 7:30pm. We will be joined by the charity Medical Detection Dogs. They train dogs to detect the odour of human disease with the aim of developing faster, more efficient, and less invasive diagnostics that lead to better patient outcomes. This will be a fascinating insight into their work, so please do come along.

Visitors will be made very welcome for a small charge of £5 per visit. Bring some extra pennies for the raffle and for tea/coffee/wine.

At our July meeting we thoroughly enjoyed our Zumba Gold session led by Micky Hinder. It was so much fun, and we put our all into the routines. Follow us for more news and photos:



– Apple Blossoms WI











Toni Briggs, appleblossomswi@oxfordshirewi.co.uk





KBS Tennis Club

It's been a busy few weeks on court at KBS Tennis club lately! We have had numerous matches and the preliminary rounds of our annual tennis festival are mostly complete.

The finals will take place in September and are as follows:

Open Singles: Garreth Anderson vs Hugo Martin Ladies Singles: Gillian Pearson vs Angie Burrell

Men's Doubles: Rokas Leonavicius and Hugo Martin vs Freddie

Page and Gary Williams

Ladies Doubles: Justine Cardy and Angie Burrell vs Gillian Pearson

and Franziska Schaublin

Mixed Doubles: Semi finals to be completed

Over 50s Mixed Doubles: Franziska Schaublin and Nick Tamblyn vs Jonathan Corps and Diane Tamblyn

We have also had our inaugural 'American Doubles' tournament - a fun tournament where you change partners after every match (which is a championship tie break) and keep a tally of how many points you win - so a very sociable and enjoyable event with plenty of food, Pimms (which no doubt improved the tennis!) and a great way to play with people you might not normally play with.





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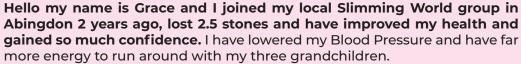


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Grandma Graduates Ages 66 to Become Consultant







Like a lot of slimmers, I had tried to lose weight in the past following different diets but felt they were never sustainable because I was restricting what I ate. "I thought I was destined to struggle with my weight for the rest of my life, but when I walked through the doors of my Slimming World group, I knew it would be different. I instantly felt welcome and part of the group. Food Optimising encourages you to eat lots of tasty, filling foods like pasta, rice, potatoes, lean meat, fish, fruit and vegetables; you are never hungry, and no foods are banned so there's no deprivation. I couldn't believe I'd found a way to lose weight without going hungry."

I found the support of my consultant and the group members invaluable. I believe that the weekly top tips, motivation and support helped me to learn about myself as a slimmer so that I am confident that having lost the weight, I can now keep it off for life. "I found it reassuring that my consultant could really understand me as a slimmer, as she is one herself, and has had in depth training in the psychology of slimming to support me to stay at my personal achievement target." As well as creating new habits around food I have also improved my lifestyle by walking more with my dog

through the support of Slimming World's physical activity programme, Body Magic, which encourages members to become more active doing things they enjoy.

I found I became passionate about Food Optimising and the way that it works so well for lasting weight loss that I have now trained as a Slimming World consultant and I love my role and I'm thrilled to be supporting my own members in their journeys to their dream weight.



I am very excited to have opened a new group in Marcham which started on Tuesday July 23rd at 7.30pm. To find out more about joining, contact me on 07807 707925.

Free for collection!

Mini Zanussi fridge
Tel. 07584 245155
55cm wide, 50cm high, 50cm deep.
Belonged to our son as a student. (As always- if you're taking it to Uni, check it complies with their regs.)





Village Lunch Monday 9th September 2024

Please come and join us in the Village Hall at 12.30pm.

To book your place, cost £5 per person for a two course hot meal and good company.

Please contact, by Thursday 22nd August, Hazel
Brennan (821358), or sign up with Audrey at the KBS

We'd be grateful if you'd let us know if having booked you are unable to attend to save wasting food.

Café.



Tamsyn Lay MSc (Hons) MChiro MMCA MCTIMONEY CHIROPRACTOR - SOUTHMOOR

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Magnus Macfarlane - The Botanic Gardens

During the course of my work as a Guide in Oxford, I get to visit some places many times. There is one place that I have not been to enough: the Botanic Gardens. Fundamentally, it just works on so many levels. Not just as a garden, but also in its themed trails. The advertising says that "Plants provide the air we breathe, the food we eat, the clothes we wear and the medicines we need." Beyond that, it offers a level of enjoyment, knowledge, entertainment and beauty.

Entrance is through the Danby Gate at the East End of the High Street. It is named after Henry Danby who, in 1621, founded a garden of physic, for the advancement of the faculty of medicine. After Pisa and Leiden, it is the oldest physic garden, where botany, medicine and practical gardening were linked in systematic study. The land was leased from Magdalen College and required 4000 cart loads of muck and dung to raise it above the floodplain which has seemingly made it a very fertile place. The first curator was Jacob Bobart, a local publican, whose planted yew tree survives to this day. Today's modern garden works because of the many themed trails through it.



"Plants that saved the world": John Sibthorp travelled in the Levant, (the eastern Mediterranean) from where he returned with a wonderful collection. The literary trail: there are many literary greats associated with Oxford, who have visited and loved the gardens where they have been inspired in their poems, plays and novels. How does Ophelia's garland of flowers match those in the trail?



Can you spot the sun dappled Cheshire cat from Alice in Wonderland. Lewis Caroll and the real Alice visited the botanic garden frequently. Sit on Lyra's bench from Phillip Pullman's His Dark Materials and marvel at the daemon sculpture. See the Tolkien tree, the original destroyed by lightning, but one of its seeds grows anew.



Visit the glasshouses and see bananas growing upwards on the branch (bananas are not actually a tree, they are the largest growing herb). Visit the carnivorous plant house, where plants find a way of getting nutrition in the poorest of soil conditions, or just glory in the wonderful array of plants, colours, shapes and sizes that stimulate your senses and give you a sense of well-being. PS The OxTrail is in full swing with some magnificently painted oxen around Oxford.















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Dog News

Thank you to those of you who have emailed me. Thanks in particular to a contributor with clinical veterinary experience, who has provided some links for anyone needing further

reading on raw feeding for dogs. I include the links here:

- www.petplan.co.uk/pet-information/dog/ advice/raw-dog-food/
- www.pdsa.org.uk/pet-help-and-advice/ looking-after-your-pet/all-pets/raw-diets
- wsava.org/wp-content/uploads/2021/04/Raw-Meat-Based-Diets-for-Pets_WSAVA-Global-Nutrition-Toolkit.pdf
- www.ukpetfood.org/resource/raw-feedingfactsheet.html

If you are looking at UK manufacturers of raw pet food, you should be able to see on their website that they are DEFRA approved.

Going back to the dog walking section in the May issue, I wanted to make you aware of the fully fenced dog walking space. Florey's field, which is just 10 minutes drive from the village. You can book your own slot, ideal for a nervous or anxious dog, or you can book up to six dogs for a small additional fee for the same hour slot. It's easy to book online, and you will be sent an entry code for the gate before you go. There are obstacles, heaps of space, a small shelter with treats, poo bags and a few toys provided. My dog loves jumping up on the tyres and big logs, it gives him a bit of variety.

That's all for now but I would really like to know what topics you would like me to cover next or information you would like me to share so please do get in touch jackson.anne51@gmail.com





Pest Corner

My name is Hannah, one of your friendly, local pest controllers and we live on Kingston Park, near

Millennium Green. On a walk one day, we noticed a rat hole near one of the pathways. Rodents are our bread and butter: once you know what to look for you can't unsee it!

I wanted to give residents advice on pests and how to prevent them from getting into our spaces. Let's take Rats. They need food, water and shelter to survive. Rubbish (like the discarded takeaway I've seen on Oxford Road) and even pet waste (sorry!) are all things that attract rodents to come into our spaces.

Keeping bin areas tidy, and picking up after your pets and binning it, are a few little things we can do to help prevent rats getting into our homes and gardens. Lets keep our public spaces clean and keep rats out!



PLEASE pick up after your dog and use the bins provided!

Failing to clear up after your dog may result in a fine of up to £1000!



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Do you have something to say? Why not get it off you chest and put it in the KBS News?
Send your thoughts to editorkbsnews@gmail.com



All villagers – adults and children - are welcome to take part or visit!



Kingston Bagpuize with Southmoor

Village Show

Saturday 31st August

at the Village Hall, Draycott Road

Show opens at 2pm Presentation of prizes at 3.45pm Raffle at 4pm

Displays of fruit, vegetables, flowers, arts & crafts, Jams & jellies, cakes and biscuits, photographs, Flower arranging and much more!

Home-made refreshments for sale

Admission £1.00 Children free Sorry no dogs (except guide dogs)



It's not too late to enter this fun event!

5 easy steps...

- 1. Download and look at the Schedule (QR code below or via web site)
- 2. Choose which categories you want to enter lots to choose from!
- 3. Get growing / cooking / drawing / crafting / snapping / creating....
- 4. Fill in an entry form (p8 of Schedule) and drop off by 8pm Thursday 29/8/24
- 5. Drop off your entries at the Village Hall 9am 10.30am Saturday 31/8/24

You never know... you may win a prize!



Organised by Southmoor and Kingston Bagpuize Gardening Club

